

## Personal Worship Guide Daily Worship

Prepare your heart

### **Word:**

Read a passage of scripture

- **Ponder**  
Think about (mull over) scripture you just read. Ask "What is God revealing or saying in this passage?"
- **Picture**  
Put yourself in the situation (literally picture yourself there-sights, sounds, emotions, etc.)
- **Pray**  
Ask "What is God saying to me and how does this scripture apply to my life?"  
*Philippians 4:9 - Whatever you have learned or received or heard from me, or seen in me—put it into practice...*

Write your prayer in your journal.

### **Pray:**

**Adoration** - *Psalm 29:2 - Ascribe to the LORD the glory due his name; worship the LORD in the splendor of his holiness.*

**Confession** - *1 John 1:9 - If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.*

**Thanksgiving** - *1 Chronicles 16:34 - Give thanks to the LORD, for he is good; his love endures forever.*

**Supplication** - *Philippians 4:6 - Do not be anxious about anything, but in everything, by prayer and petition, with thanksgiving, present your requests to God. ~ For yourself ~ For others*

### **Biblical Meditation:**

We must turn down the noise and turn up the listening through solitude and silence.

**Palms Down:** *1 Peter 5:7 - Cast all your anxiety on him because he cares for you.*

Release everything: Mad, Sad, Scared,  
Glad and excited about

**Palms up:** "God, fill me."

After you have released everything, focus on the scripture: Ponder, Picture, Pray

**Lifestyle Worship says: "WOW" & "Yes, Sir"**

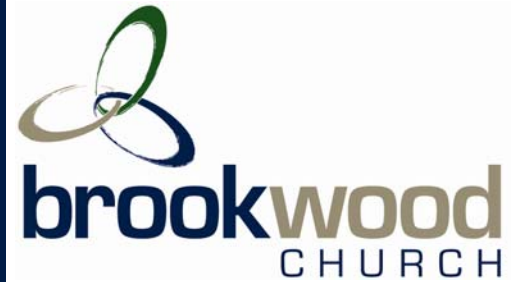
*Brookwood Church Mission-  
To develop faithful, fruitful  
followers of Christ  
who love God, love people,  
and change the world.  
(Mark 12:28-31 - Matthew 28:18-20)*



*Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."  
Mark 12:30-31*



Love God. Love People. Change the World.



## Mission & Discipleship Strategy & Personal Worship Guide

Love God, Love People, Change the World



## BROOKWOOD CHURCH DISCIPLESHIP STRATEGY

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### Love God

- Personal:
  - Personal Commitment – to follow Christ as Lord
    - Believe in Christ
    - Confess & repent
    - Surrender & receive
    - Be baptized and become a church family member
  - Personal Worship
    - Be in the Word daily: Ponder - Picture - Pray
    - Pray daily: ACTS (Adoration, Confession, Thanksgiving, Supplication)
    - Practice biblical meditation weekly
    - Practice lifestyle worship: (ESP)  
Emotional  
Spiritual  
Physical
- Church Family
  - Worship
    - Be on time
    - Participate fully
    - Invite others
    - Give cheerfully & sacrificially

### Love People

- Personal: Love and serve your spouse, children, and friends
  - Pray together
  - Spend devoted time with your spouse
  - Spend devoted time with your children
- Church Family:
  - Participate in an ongoing Adult Bible Fellowship (ABF)
  - Do “life together” in a Life Group
  - Serve others in the body



### Change the World

#### Change the World

- Personal:
  - Local – be salt and light in your area of society
    - Work and serve with excellence
    - Initiate intentional spiritual conversations
    - Invest and invite
  - Global – Serve on a mission project once every five years
- Church Family
  - Local – Serve with your ABF &/or Life Group outside the church
  - Global – Serve with others on a mission project

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